



Master's Degree Program in
COMMUNITY STUDIES



INQUIRE ♦ COLLABORATE ♦ LEAD

FOR THOSE SEEKING POSITIVE TRANSFORMATION of
SELF, ORGANIZATIONS and COMMUNITIES

new CONVERSATIONS

The curriculum for this multi-disciplinary Master's Degree program emphasizes perennial wisdom, the best of modern thought, academic excellence, and the importance of integration and reflection.

Develop the skills, wisdom and confidence to engage and provide leadership within

- Urban and Rural Neighborhoods
- Global Organizations
- Voluntary Associations
- Educational and Business Systems
- Intentional Communities
- Communities Impacted by Catastrophe

The Call

- Join the conversation
- Develop your unique gifts within a community of exceptional learners and community builders
- Help create a more connected, just and sustainable world.

The view from Mount Madonna Center



“Everybody is a story...Sitting around the table telling stories is not just a way of passing time. It is the way the wisdom gets passed along. The stuff that helps us to live a life worth remembering.” – Rachel Naomi Remen

the VISION

The Mount Madonna Institute (MMI) Master's Degree in Community Studies is for those seeking to bring greater awareness, new thinking and new skills to all aspects of community life. This unique program is dedicated to the study and practice of positive transformation of our selves and the systems in which we live and work. It is designed for those who are passionate about building and sustaining healthy, more caring organizations and communities at all levels, locally and around the world.

We believe that many individuals in communities and organizations feel called to the work of positive transformation. However, it is rare to find effective programs in degree granting settings that include:

- Development of self-awareness
- A deeper understanding of the systems we wish to transform
- Practical facilitation skills

This Master's Degree program is for people who are inspired to build the awareness, skills, wisdom and confidence to engage effectively within communities of need.

Mount Madonna Institute is partnering with highly accomplished and respected thought leaders, writers and activists in the field of community engagement to provide a one-of-a-kind learning experience. In this collaboration, we have created a curriculum that explores new ways of thinking and acting in relation to our most important communal and societal endeavors, including economics, education, health, media, the arts and spiritual life.



“Twenty years from now you will be more disappointed by the things you didn't do than by the things you did do. So throw off the bowlines, sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover.” – Mark Twain

the PROGRAM



Join a visionary learning community to explore

- Academic relevance for 21st century challenges
- Transformative practices to gain greater self-awareness and discernment
- Experiential learning with world-renowned thinkers, community builders and global partners
- Collaborative models of engagement for small groups and large institutions
- Residential sessions within a well established intentional community
- The best of online learning and small group process with experienced mentors
- Elective courses and trainings offered by faculty and partners around the world
- Project-based individualized practicum within an international network of communities working for positive change
- Development of an international resource library for community builders

Students spend three 11 day sessions, plus a final 7 day session, in residence at Mount Madonna Center where they engage with each other, faculty, mentors, and members of the MMC resident community. Between these on-site gatherings, students regularly connect on-line with staff and the learning community in live and recorded conversations and in small cohorts. The program culminates in a customized practicum placement with one of our global partners, and a capstone project presentation that becomes part of a resource library for communities around the world.



GLOBAL CLASSROOM

Unique Opportunity To Gain Experience Through Project Based Learning In World Wide Settings

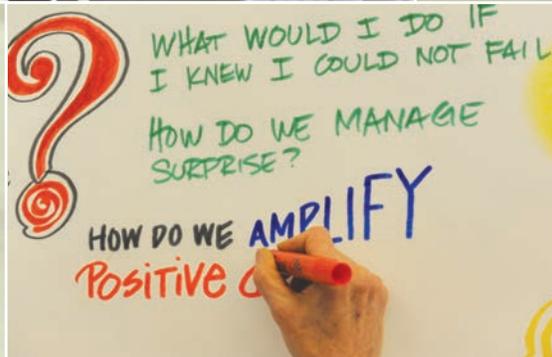
Pursue a meaningful project that supports positive transformation in your community, neighborhood or organization.

Choose from courses and trainings with community builders around the world to fulfill elective units.

"I alone cannot change the world, but I can cast a stone across the waters to create many ripples."

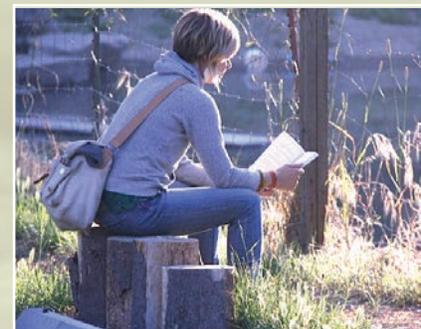
Mother Teresa

DEDICATED TO EDUCATING
AWARE, COMPASSIONATE, SKILLED
COMMUNITY BUILDERS AND
CITIZENS FOR TODAY'S WORLD



Two Year Course of Study including

- Universal Aspects, Principles, and History of Community
- Curriculum for Communal Restoration
- Relational Leadership
- Community Engagement: Retrieving the Wisdom of the Collective
- The Art of Facilitation: Dialogue and Community Building Skills
- The Yoga of Community: Mindfulness and Compassion in Daily Life
- Literature, Art, and Social Transformation
- New Economic Paradigms
- Re-Shaping The World Through Narrative Practices
- Values in World Thought
- Wellness and Healing: Traditional Wisdom and Modern Science



“When we are able to identify ourselves with the other, without any sense of superiority or inferiority, then we create a condition of friendship” - Satish Kumar

the FACULTY

RENOWNED LEADERS, EDUCATORS, WISDOM KEEPERS

All faculty members are significant contributors to leading research and the development of practical applications to establish healthy, sustainable communities with engaged and empowered citizens



Angeles Arrien, Ph.D. cultural anthropologist, award-winning author, educator, and consultant who lectures and conducts workshops in medical, academic and corporate environments world-wide. She is President of the Foundation for Cross-Cultural Education and Research. Author of *Living in Gratitude: A Journey That Will Change Your Life*, *Second Half of Life: Opening the Eight Gates of Wisdom*, *Four-Fold Way: Walking the Paths of the Warrior, Teacher, Healer and Visionary*.



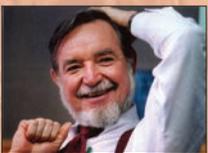
Peter Block, M.A. is a consultant and best-selling author on creating collaborative workplaces and communities. He is dedicated to new community narratives of empowerment, stewardship, chosen accountability, and the restoration of community. Author of *Flawless Consulting*, *Stewardship*, *The Answer to How is Yes, Community*; *The Structure of Belonging*, and *The Abundant Community* and with John McKnight, his most recent book is *The Abundant Community: Awakening the Power of Families and Neighborhoods*.



Paul Born, M.A., Director of Tamarack- an institute for community engagement, assists organizations and communities in developing and implementing new and sustainable ideas. Paul was Executive Director / founder of Canada's successful community economic development organizations (CODA) and founded Opportunities 2000 to reduce poverty, honored as one of the United Nations' Top 40 Projects Worldwide'. Active in 34 communities, it so far has reduced the impact of poverty for more than 202,000 people in Canada.



Charles Holmes, a master facilitator, skilled educator and empathic coach has designed and facilitated collaborative strategic dialogues for corporations, governments, non-profits and communities. He is co-founder of the Academy for Systemic Change with Peter Senge and others, and co-founder of The Learning Strategies Group at Simon Fraser University School of Business. He helped establish the Dalai Lama Center for Peace and Education in Vancouver, B.C.



John McKnight emeritus professor of education and social policy and co-director of the Asset-Based Community Development Institute at Northwestern University, focusing on social service delivery systems, progressive urban policy, neighborhood development and civil rights for over four decades. He co-authored *Building Communities from the Inside Out: A Path Toward Identifying and Mobilizing a Community's Assets* and more recently, *The Abundant Community* with Peter Block.



Chene Swart Ph.D., resides in South Africa and specializes in Narrative Practices, creating the future by re-examining and re-writing beliefs and life stories. As an executive and life coach, trainer and consultant, her passion lies in transformational work in the fields of organizational development, leadership, diversity and transformation. She recently published *Re-authoring the World: Narrative Practices*.



Vivian Wright is currently an internal strategy and organization consultant and executive coach within Hewlett-Packard. Her specialty is in creative group process using virtual tools and being a change agent for corporate transformation from the inside out. Vivian is a master facilitator of large group dialogue.



Mount Madonna Institute Team

Kay (Savita) Brownfield is Founder/Director of The Growing Edge for Sustainable Peace and Healing (501C3 CA Non Profit, 1993), Board Sect'y, Hanu-man Fellowship (HFS), Service Learning Program Coordinator and a member of the Mount Madonna (MMC) administration. She also maintains a private counseling practice and teaches facilitation skills in the US and Canada.

Stephanie Conway, MA in International Development and Non-Profit Management, has 12 years' experience in grassroots organizing, community development, and accounting. She is actively engaged as Operations Manager and as a member of the MMC Finance Group.

John (Dayanand) Diffenbaugh, BA, is Founding Director of MMC, Trustee of Mount Madonna School (MMS) and Sri Ram Ashram, Board Member, HFS, and MMI. He teaches World Religions and designs outdoor education, rites of passage and backpacking adventures at MMS, and teaches and writes about Yoga philosophy, meditation, and related practices.

Gerald Friedberg, Ph.D. Harvard University; Assistant Professor, Political Science, UC Davis; Associate Professor, Fordham University; former Principle, MMS; and currently President, MMI, and Program Director, MMC, since 1978. His lifelong passion for community is reflected in research and teaching on community since 1964 and member of four intentional communities 1970-present.

Iris Kachuk, Ph.D in Education, UC Berkeley, is a founding member of MMC, founding Principal of Mount Madonna School, and Professor of Mathematics at Evergreen Valley College in San Jose, CA, training teachers and exploring the role of community and technology for adult learners. At MMC, she teaches on Yoga, Transformation and Community.

Valerie (Avi) Kruley, BA in English, Stanford University, with emphasis in Creative Writing (2006). Following several opportunities for work, she attended the MMC Service Learning Program. She fell in love with this community, discovered a deep-seated passion and curiosity about community and joined the Master's in Community Studies development team.

Ward Mailliard, BA, is a founding member of MMC; Board President, HFS; Vice President and member of the Executive Board, MMS; and Vice President, Sri Ram Foundation. An educator for over 30 years, he has developed the Values in World Thought curriculum for MMS which includes travel for high school students to engage directly with government, NGO leaders and inspirational figures such as the Dalai Lama and Arch Bishop Desmond Tutu.

Jenna (Ratna) Sturz, MA in Counseling/Health Psychology, Santa Clara University, is a founding member of MMC and Board Member of both HFS and MMI. She has been an administrator, educator, businesswoman, counselor and life coach and teaches yoga lifestyle, philosophy and meditation at MMC retreats and Teacher Training Programs (since 1978).

"When we are able to identify ourselves with the other, without any sense of superiority or inferiority, then we create a condition of friendship" - Satish Kumar

the **SETTING**

EDUCATION FOR THE WHOLE PERSON



Mount Madonna Center

The residential portion of the program is hosted on a beautiful 355 acre mountaintop property of redwood forests and meadows near Santa Cruz, Ca., an ideal setting for learning and reflection.

Mount Madonna is a successful, intentional community, founded in 1978 and committed to the inner work of self-awareness and personal responsibility and the outer work of service and transformative learning for all. MMC presents nationally and internationally known teachers from around the globe at its large Conference and Retreat Center and has provided life-changing experiences for tens of thousands of participants.

Be part of a community:

- Healthy vegetarian diet
- Daily yoga and mindfulness practices
- Ayurvedic lifestyle education
- Opportunity to participate in community activities
- 355 acres of hiking trails among California redwoods
- A wellness facility, small lake for swimming, and hot tub
- Spectacular ocean views and rejuvenating mountain air

Mount Madonna Institute

Founded in 2006 as the post-secondary degree granting institution at Mount Madonna Center, the Institute is approved by the State of California to offer programs at the certificate and Master's degree levels in:

- Ayurveda (A traditional system of health and healing)
- Community Studies
- Yoga and Yoga Therapy

Mount Madonna School

Located on MMC property is our accredited, private school (Pre-K through 12th grade). Sharing similar values as Mount Madonna Institute, Mount Madonna School is dedicated to intellectual and emotional development, social consciousness, the arts, environmental responsibility and character development. The school's commitment to international engagement exposes students to other cultures inspirational figures, members of the US government and many national and international non-profits working to make the world a better place.



"I believe that the community - in the fullest sense: a place and all its creatures - is the smallest unit of health, and to speak of the health of an isolated individual is a contradiction in terms." Wendell Berry, The Art of the Commonplace: The Agrarian Essays

the **DETAILS**

TUITION AND FEES

The Institute sets a single fee of \$25,000 for the full 2-year M.A. program, which includes administrative fees, and all expenses for the residential component of the program: tuition, meals, accommodation, daily Yoga and Mindfulness classes, and Healthy Lifestyle Education class. See website for payment options.

The Institute also provides \$1,000 per student to attend an elective training or program offered by one of our partnering organizations or to put towards expenses of the student practicum in an existing community of practice approved by the Institute.

SCHOLARSHIP FUND

The college has an important financial goal, to see that lack of funds is not a barrier to participating in the program. To achieve this goal, the college is committed to working with donors to provide scholarship funds for up to half of our students.

By working together as partners, we can accomplish our goal with scholarship funds of \$2 Million in the first five years or \$5 Million within the first ten years. All fundraising is for the purpose of providing scholarship funds. Operating costs are addressed through a balanced budget. Your investment will yield high dividends in the dedication, skill and service our students will provide to their organizations and communities.

CONTACT US

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